

Crisis Now Response in the Mat-Su Valley

**Mat-Su Mobile Crisis Team
and Community Care Team**



DECEMBER 2024

Why is Crisis Now Response needed?

- ▶ **16% OF MAT-SU ADULTS** said they drank heavily, or binge drank in past 30 days¹
- ▶ **30% OF MAT-SU ADULTS** said they had 2+ weeks in the past month that their mental health was not good.
- ▶ **21 MAT-SU RESIDENTS** died by suicide in 2023.²
- ▶ Last year, **286 MAT-SU RESIDENTS** went to the emergency department for suicidal ideation/self-harm and **529** for alcohol-related disorders.³

Mat-Su Mobile Crisis Team (MCT) A behavioral health provider and peer support specialist who provide short-term crisis response, intervention, and stabilization for people experiencing a behavioral health crisis anywhere in the community.

Behavioral Health The state of a person's mental, emotional, and social well-being, as well as the behaviors and situations that affect it.

Mat-Su Community Care Team A team of organizations that connect the person in crisis with resources and support to meet their needs after their MCT visit.

FOR HELP (24/7)

- ▶ **ALASKA CARELINE: CALL 988**
- ▶ **MOBILE CRISIS TEAM: CALL 911**



1 State of Alaska Behavioral Risk Factor Surveillance System, 2021-2023, <https://health.alaska.gov/dph/Chronic/Pages/brfss/datacenter.aspx>

2 Alaska Death Dashboard <https://public.tableau.com/app/profile/alaska.health.analytics.and.vital.records/viz/AlaskaDeathDashboard/Home>

3 Alaska Discharge Dashboard, <https://public.tableau.com/app/profile/alaska.health.analytics.and.vital.records/viz/AlaskaDischargeDashboard/AboutThisDashboard>

Mat-Su Crisis Now responders – in the first nine months of 2024...

- ▶ Alaska Careline/988 answered 1,476 calls from Mat-Su residents in crisis.
- ▶ MATCOM 911 Dispatch received 406 calls for help from Mat-Su residents in behavioral health crisis.
- ▶ Palmer 9 G Dispatch/ 911 joined Crisis Now responders in March and received 46 calls from Palmer residents in behavioral health crisis.
- ▶ True North Recovery MCT had 375 community crisis visits.
- ▶ Alaska Family Services Domestic Violence/ Sexual Assault Shelter had 243 hotline calls and sheltered 91 adults and children.
- ▶ MyHouse responded to 100 youth in crisis.
- ▶ Mat-Su Health Services had 56 walk-in crisis visits and 486 crisis hotline calls.
- ▶ The DEC responded to 55 children and 42 caregivers in crisis.
- ▶ The Mat-Su Crisis Intervention Team, composed of law enforcement and behavioral health providers and people with lived experience, received Gold level certification from CIT International.
- ▶ The High Utilizer Mat-Su Program has intensively assisted 48 people during and after their crisis



Types of mobile crisis calls

- ▶ Assault/harassment
- ▶ Domestic violence
- ▶ Law enforcement interactions with substance use concerns
- ▶ House fire
- ▶ Drug overdose
- ▶ Physical and mental health crisis
- ▶ Public disturbance
- ▶ Depression and suicidal ideation
- ▶ Minor in need/runaway
- ▶ Connecting people to community supports
- ▶ Substance use issue
- ▶ Trespass/suspicious person
- ▶ Unexpected family death
- ▶ Missing person situation
- ▶ Wellness check

Mat-Su Crisis Care Team

M E M B E R S

Alaska Addiction Rehabilitation Services

Alaska Therapeutic Courts

Alaska Family Services

Alaska Youth and Family Network

Beacon Hill Alaska

Care Coordination Resource of Alaska

Connect Mat-Su

Daybreak Inc.

Drug Endangered Children's Alliance (DEC)

Family Promise

LINKS High Utilizer Mat-Su

Mat-Su Health Services

Mat-Su Reentry Coalition

MyHouse

Set Free Alaska

Southcentral Foundation

Sunshine Community Health Center

True North Recovery

Valley Charities