

YOUTH 360 EVALUATION PLAN - 2025

Submitted by
ACTIONABLE DATA CONSULTING, INC.
MELISSA TOFFOLON, MPH, PHD
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Actionable Data Consulting

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Background

The Youth 360 (Y360) evaluation was commissioned in early 2025 by the Mat-Su Health Foundation and Youth 360 leadership. The last evaluation report was completed by McKinley Research Group several years ago. More recently, a strategic planning process was completed for 2023–2025. This plan was used to develop this evaluation plan. Additionally, meetings and review processes were conducted to get feedback and input on the plan from the Youth 360 Leadership Team, the Data and Evaluation Workgroup, the Family Connection Committee, and Youth 360 staff.

This plan will outline evaluation activities to be conducted in 2025-2026 (September through August). Each year, the plan will be reviewed, and (if needed) changes will be made to make the evaluation more useful and relevant to meet the Youth 360 (Y360) leadership, staff, and youth/parent needs.

The *Youth 360 2023-2025 Strategic Plan* states the following vision, mission, and goals.

Vision: *Youth and families thriving in a caring and connected community.*

Mission: *Provide activities and opportunities to help youth and families thrive.*

The following goals were stated in the Y360 Strategic Plan, 2023-2025. The goals have been absorbed into the evaluation plan as either outputs or outcomes. The parenthesis after the goal states where it can be found in the evaluation logic model.

Strategic Plan Goals

1. *Youth have equitable access to opportunities for healthy connections with their parents, other youth, and supportive adults.* (Medium-term outcome 1)
2. *Apply a primary prevention approach designed to enhance the social environments in which youth develop.* (Activities)
3. *Increase youth social connections to improve health and sense of belonging, and reduce substance use, bullying, and suicide among youth.* (Short-term outcome 3, Long-term outcomes 2 and 3).
4. *Build and develop youth voice and engagement.* (Medium-term outcome 3)
5. *Expand partnerships and shared efforts with partners.* (Outputs)
6. *Develop a sustainable, replicable, and effective model.* (Outputs)

Y360 Logic Model

A logic model is a visual representation that illustrates the relationships between a program's resources, activities, and its intended effects. It outlines the theory of change, showing how inputs (resources) lead to activities, which in turn produce outputs, ultimately leading to outcomes and impacts. The logic model is then used to identify what needs to be measured for the evaluation plan. Below is a one-page summary of the Y360 logic model.

Table 1. Youth 260 Logic Model Summary

YOUTH360 Inputs		
<ul style="list-style-type: none"> Established social connections and communication channels among youth activity providers in Mat-Su Expert assistance in IPM 	<ul style="list-style-type: none"> Staff experience and expertise Facilities for clubs Multi-year grant funding 	
YOUTH360 Activities		
<p>Community and Initiative activities</p> <ul style="list-style-type: none"> Participation in state and local youth-related and afterschool activity coalitions Implementation of adapted IPM model Evaluation and monitoring Leadership team and Data/Evaluation workgroup meetings. 	<p>Parent/guardian activities</p> <ul style="list-style-type: none"> Family Connection Committee meetings Family activity nights Parent/guardian survey implementation, analysis and reporting Presentations on youth survey data Parent/guardian survey 	<p>Youth activities</p> <ul style="list-style-type: none"> Club houses Youth survey implementation, data analysis and reporting Youth satisfaction survey/focus groups Summer youth programming Transportation assistance Activity scholarships All-Mat-Su community youth gatherings and activities
YOUTH360 Outputs		
<p>Community and Initiative</p> <ul style="list-style-type: none"> Data and informational presentations State and local coalition involvement Partnership agreements with activity providers Program evaluation reports A sustainable, replicable, and effective model Participates in YPQI process 	<p>Parent/guardian</p> <ul style="list-style-type: none"> Parents engaged in Y360 including volunteering Parents attending a data presentation Basic need support for families at clubhouses The Family Connection Committee selected strategies including family activities. 	<p>Youth</p> <ul style="list-style-type: none"> 80% response rate for youth “opted in” to survey participation Transportation and financial barriers for youth reduced Youth receiving positive youth development programming at <ul style="list-style-type: none"> > Club houses > Youth summer programming > Mat-Su-wide youth events
Short-term Outcomes		
<p>Community and Initiative</p> <ol style="list-style-type: none"> Parents, schools, and youth-serving agencies have information on youth to focus on youth programs. * 	<p>Parent/guardian</p> <ol style="list-style-type: none"> Parents have increased knowledge of youth risk and protective factors* 	<p>Youth</p> <ol style="list-style-type: none"> Youth report connection with peers, family, other adults/caregivers, and the community including Youth360 staff. *
Medium-term Outcomes		
<p>Community and Initiative</p> <ol style="list-style-type: none"> Equitable access to out-of-school programming for youth at schools near clubhouses 	<p>Parent/guardian</p> <ol style="list-style-type: none"> Parent/guardians communicate prevention values/family rules* 	<p>Youth</p> <ol style="list-style-type: none"> Youth feel their voices are “heard” by Youth 360 staff. *
Long-Term Outcomes		
	<p>Parent/guardian</p> <ol style="list-style-type: none"> Parents/guardians have Increased perception of Y360 support for families 	<p>Youth</p> <ol style="list-style-type: none"> Youth are not using alcohol and marijuana* Youth do not experience bullying, depression, and suicidal ideation*

* Indicates that outcome is in PYDAP Logic Model

The logic model for Y360 was developed using the 2023-2025 Strategic Plan, the Family Connection Committee goals, and the *Alaska Positive Youth Development Afterschool Program* (PYDAP) support documents. The following are tables with components of the logic model that includes inputs, activities, outputs, and outcomes. The PYDAP Logic Model outcomes are a subset of the full Y360 Logic Model presented above and is in Appendix A of this report.

As part of the PYDAP grant, Y360 is involved in the *Alaska After School Network*, Program Quality Initiative Process. This is a continuous quality improvement process that increases youth's access to positive development experiences to result in better youth development outcomes.

The goals of this initiative are to:

1. Assist participating programs in developing a culture of continuous improvement.
2. Learn about the needs of programs they support and identify how best to help them improve the quality of their programming.
3. Support programs in developing shared goals, common measures, and evaluation methods around increasing youth assets and skills.
4. Inform the development of sustainable continual program quality improvement support for Alaska out-of-school-time programs.
5. Foster a professional learning community among diverse youth-serving organizations.
6. Increase the availability of high-quality programs serving youth ages 5-18 in Alaska.

This process has three phases: 1) assess 2) plan, and 3) improve. In the Assess Phase, usually held in the fall, program staff collect data through observing and rating their own program and/or have an external assessor rate their program using the Program Quality Assessment. The Plan Phase, which takes place in the winter, consists of staff and leadership meetings to identify program strengths and gaps and develop 90-day goals based on the assessment. The Improve Phase is held in the first quarter of the year and includes staff attending 2-3 Youth Work Methods workshops related to their areas for improvement. The Assess Phase is then repeated in the spring to measure improvement. This process is included in the Y360 logic model in the short-term outputs and outcomes described below.

Short-term outcomes

The short-term outcomes focus on gathering data on the risk and protective factors of youth, increasing parent knowledge, and creating connection between youth, peers, family, and parents/guardians.

Table 2. Short-term outcome indicators and data source

Outcome	Output indicator	Outcome Indicator	Data Source
Short-term Outcome 1: Parents, schools and youth-serving agencies have information on youth to focus youth programs*	<ol style="list-style-type: none"> 1. Response rate by clubhouse for youth opted in for survey; 2. # of clubhouses/schools data is given/presented 3. Youth survey results given to parents, schools, and youth serving agencies within 4 months of survey completion 	<ol style="list-style-type: none"> 1. Staff discussion of survey data and implications for clubhouse (yes or no) 	<ul style="list-style-type: none"> • Program records • Staff group interviews
Short-term Outcome 2: Parents have knowledge of youth risk and protective factors*	<ol style="list-style-type: none"> 1. % increase of # of duplicated and unduplicated parents engaged in Y360 2025/2026 2. # of parent meetings/events where youth survey data is mentioned 	<ol style="list-style-type: none"> 1. % of parents who strongly agreed with at least four correct statements about youth protective factors 	<ul style="list-style-type: none"> • Program records • Parent/guardian survey
Short-term Outcome 3: Youth are connected with peers, family, other adults/caregivers, and the community including Youth 360 staff*	<ol style="list-style-type: none"> 1. # of unduplicated youth who receive Y360 positive development programming 2. During an average week during the school year, how many days do you take part in Youth 360? (answer options from 0-5 days) 3. During an average week during the school year, how many days do you take part in organized afterschool, evening or weekend activities OTHER THAN YOUTH 360 4. Youth 360 Clubs participating in YPQI process report average scores of “5” in the following sections of the YPQA tool: Warm Welcome, Encouragement, Emotional Safety, Healthy Environment, Reframing Conflict 5. Youth 360 Clubs participating in YPQI process report average scores of “4” or higher in the following sections of the YPQA tool: Encouragement, Belonging, Adult Partners, Choice, Reflection 	<p>% of youth who agree or somewhat agree</p> <ol style="list-style-type: none"> 1. My involvement in Youth 360 has helped me build positive relationships with my peers. 2. My involvement in Youth 360 has helped me build positive relationships with my parents/guardians. 3. My involvement in Youth 360 has helped me build positive relationships with other adults in my life. 4. In my community, I feel like I matter to people. 5. I can name at least three adults who really care about me. 	<ul style="list-style-type: none"> • Program records • Youth survey • MSBSD School Climate and Connectedness Survey

Medium-term outcomes

The parent and youth relationships established in the clubhouses and the knowledge that parents gain about youth protective factors result in behavior change in terms of parents/guardians communicating prevention values/family rules to their children. Finally, the environment in the clubhouses will increase youth protective factors.

Table 3. Medium-term outcome indicators and data source

<i>Outcome</i>	<i>Output indicator</i>	<i>Outcome Indicator</i>	<i>Data Source</i>
<i>Medium-term Outcome 1: Equitable access to out-of-school programming for youth at schools near clubhouses.</i>	<i># of activity scholarships given out; Ridership for clubhouse youth; Community meetings where childcare and food provide.</i>	<i>#/% of parents/guardians who report that it is somewhat or very important for: their child to attend Y360 programming due to</i> <i>1. barrier reduction strategies- activity scholarship</i> <i>2. barrier reduction strategies- transportation</i>	<ul style="list-style-type: none"> • Program records • Parent/guardian survey
<i>Medium-term Outcome 2. Parents communicate prevention values/family rules*</i>	<i>1. # of parents attending family events, parent volunteer engagement, Family Connection Committee involvement, parent visits and observation at programs, reports from club staff and other opportunities for family engagement.</i>	<i>% of youth who report often, or always:</i> <i>1. My parents/guardians know who I am with when I am not at home or in school</i> <i>2. My parents/guardians know where I am when I am not at home or in school</i> <i>3. % of youth who report often or always “my parents/guardians know my friends.”</i> <i>4. % of youth who report often or always “my parents/guardians know the parents/guardians of my friends.”</i>	<ul style="list-style-type: none"> • Program records • Youth survey
<i>Medium-term Outcome 3. Youth feel their voices are “heard” by youth 360 staff*</i>	<i>1. # of opportunities for youth to have their voices heard during Y360 programming.</i>	<i>% of youth who agree or somewhat agree with the following statements: I feel my voice is “heard” by Youth 360 staff.</i>	<ul style="list-style-type: none"> • Program records • Youth feedback tool

Long-term outcomes

Parents will feel supported in the clubhouses and by other parents and the behavior and social emotional health of youth will be positively affected by the primary prevention approach of Y360 programming.

Table 4. Long-term outcome indicators and data source

<i>Outcome</i>	<i>Output indicator</i>	<i>Outcome Indicator</i>	<i>Data Source</i>
<i>Long-term Outcome 1: Parents/guardians have an increased perception of Y360 support for families</i>		<ol style="list-style-type: none"> 1. % of parents who feel that the Y360 is somewhat or very supportive to them. 2. % of parents who feel that the Y360 is somewhat or very supportive to their child. 	<ul style="list-style-type: none"> • Program records • Parent/guardian survey • Youth survey
<i>Long-term Outcome 2: Youth are not using alcohol and marijuana*</i>	See output indicators for Short-term Outcome 3	<ol style="list-style-type: none"> 1. % of youth who report that they have not had at least one drink containing alcohol in the last 30 days. 2. % of youth who report that they have not used marijuana in the last 30 days. 	Youth survey
<i>Long-term Outcome 3: Youth do not experience bullying, depression and suicidal ideation.*</i>	See output indicators for Short-term Outcome 3	<ol style="list-style-type: none"> 1. % of youth who report not feeling sad or helpless almost everyday for 2 weeks that caused them to stop doing their usual activities 2. % of youth who have seriously contemplated suicide in the past 12 months 3. % of youth who report attempting suicide in the past 12 months <p>% of youth who report they somewhat agree or agree with the following statements</p> <ol style="list-style-type: none"> 4. <i>Students at Youth 360 treat me with respect.</i> 5. <i>Students at my school treat me with respect</i> 6. <i>I feel safe when I am around my peers</i> 	Youth survey MSBSD School Climate and Connectedness Survey

Data Sources

There are six main data sources for this evaluation plan: the youth survey; parent/guardian survey, the youth feedback focus groups or survey, staff feedback survey/interviews, event feedback card/survey, and program records. Table 5 identifies the data source, the responsible party, and the timing for data collection, along with whether the data generated is used for process or formative/summative evaluation. Additionally, the output and outcome indicators for this evaluation are listed by data source in Appendix C.

Table 5. Data Sources and Responsible Party

Data Source	Responsible party
1. Youth survey	Y360 Director
2. Parent/guardian survey	Evaluator
3. Youth feedback focus groups or survey	Evaluator
4. Staff feedback (survey or interview)	Evaluator
5. Event feedback card/surveys	Evaluator
6. Program records	Y360 Director

Youth Survey

The survey, developed by the Data and Evaluation Workgroup guided by Alfgeir Kristjansson, and Icelandic Prevention Model expert, is conducted annually in the spring with all youth in the clubhouses. The data analysis, conducted by Dr. Kristjansson, includes frequencies and crosstabs related to dosage exposure to Y360 participation and youth protective and risk factors. The survey has “opt-in” permission that is requested when the youth is signed up by parents/guardians for the program. Youth in the clubhouses fill out the survey using an iPad that is administered by Y360 staff. The actual questions can be found in Appendix B in this report.

The Youth survey, composed of 27 questions, covers the following topics.

- Demographic - 2 questions
 - grade
 - gender
- Dosage of prevention activities - 3 questions
 - location of club attended
 - average days and hours attended per week
 - frequency of other organized activities
- Protective factors resulting from Y360 involvement -3 questions

- Youth 360 helped to build positive relationships with parents/guardians/ other adults and peers.
- Protective factors: 5 questions
 - Outside of school at least one adult encourages me to do my best
 - Three adults really care about me
 - I feel like I matter to people
 - The number of adults besides parents and guardians that I feel comfortable seeking help from
 - When you feel anxious, depressed, or upset you go to (list of different types of people).
- Parental protective factor behavior – 4 questions
 - My parents/guardians know my friends
 - My parents/guardians know the parents/guardians of my friends
 - My parents/guardians know who I am with when I am not at home or in school
 - My parents/guardians know where I am when I am not at home in school
- Behavioral Health Status – 3 questions
 - In the past 12 months, have you ever felt sad or helpless almost every day for 2 weeks or more in a row that you stopped doing your usual activities?
 - In the past 12 months, have you ever seriously considered suicide?
 - In the past 12 months, have you ever attempted suicide?
- Use of alcohol, tobacco, and marijuana – 3 questions
 - During the past 30 days, how many days have you had at least one drink containing alcohol?
 - During the past 20 days how many days have you used an e-cigarette or vaping product?
 - During the past 30 days, how many days have you used marijuana?
- Safety and Bullying – 4 questions
 - I feel safe when I am around my peers
 - Students at my school treat me with respect
 - Students at Youth 360 treat me with respect
 - My school is a welcoming place for families like mine.

Parent/Guardian Survey

The parent/guardian survey will be conducted by the Family Connection Committee, Director, and the Evaluator and will be conducted annually in the winter. The data is analyzed by the evaluator. The data analysis includes frequencies and crosstabs related to exposure to Y360 and knowledge and action related to youth protective factors. Additionally, there will

be questions that request feedback from parents regarding the program in general and the youth survey data. In Appendix C of this report there is a table that outlines the evaluation data to be collected using this tool.

Youth feedback tool

The youth feedback tool could be a survey or focus group conducted at each clubhouse and with the summer program. The focus of this type of data collection will be to capture the youth voice about Y360 activities, the clubhouse environment, and what they see as important to their wellbeing. In Appendix C of this report there is a table that outlines the evaluation data to be collected using this tool.

Staff feedback survey or focus group

This measurement tool will be developed with the assistance of the director and will collect information from the perspective of staff to inform the evaluation in terms of process assessment and improvement. Data will be collected once per year in the summer or winter.

Event feedback card/survey

Youth 360 offer various family and youth events. The evaluator will create or adapt feedback tools for these events to ensure that the target audience is satisfied with the event and collect suggestions they offer for future events. A picture of the family event feedback card is below. The two-sided 6”X4” card will be given out at each Youth 360 family event, and the evaluator will analyze the results per event and provide immediate feedback to the program. The Youth Entrepreneur Expo Evaluation is offered several times per year and will be evaluated using a youth feedback survey.



Thank you for attending today's event!

We want to ask you a few questions so we can plan more events. Please do not put your name on the card - this is totally anonymous.

What did you think of today's event? (please circle answer)



Please check all the things you liked about today's event.

- The activity
- Time it was held
- Meeting other families
- Food
- Where it was held
- Meeting other youth

What else did you like? _____

What didn't you like? _____

My family feels supported by Youth 360.

(please circle answer)



What other types of events would you like Youth 360 to have for families? _____

How could Youth 360 improve their family events?

My child(ren) participates in: (check all that apply)

- After-school club
- Summer program
- Activity scholarship
- Has not participated in Youth 360



You can also use the QR code to fill out this survey online instead.



Thank you for taking the time to share your feedback.

Program Records

The evaluator will work with the director to establish a schedule and format for the collection of program data. In Appendix C of this report there is a table that outlines the program data to be collected.

Evaluation Reporting

The evaluation findings will be reported annually in a comprehensive report. In summer 2025, a baseline data report will be produced which will be used to set indicator targets for the 2025-2026 year. Specific findings related to key measurement tools will be reported in evaluation briefs each school semester.

Timeline

The timeline for the evaluation activities is presented in Table 6. During the fall of 2025, baseline data for outputs and outcomes will be collected to set targets for the 2025/2026 evaluation report. Then, measurement tool development and data collection and analysis will occur during the 2025/2026 school year and summer.

Table 6. Timeline for Y360 evaluation activities

Evaluation Activity	Sept - January Semester	January - May Semester	Summer
Evaluation Plan reviewed			X
Baseline Evaluation report (2025 only)	X		
Annual targets for next program year set			X
PYDAP Program Quality Assessment conducted	X	X	
PYDAP Plan phase		X	
PYDAP Improve phase		X	
Youth survey		X	
Youth feedback data collection	X	X	
Parent/Guardian survey	TBD	TBD	TBD
Event feedback Loop	X	X	X
Program data collection	X	X	X
Staff feedback	TBD	TBD	TBD
Evaluation briefs	X	X	
Annual report			X

Appendix A: Y360 PYDAP Logic Model

PYDAP Logic Model

Youth, family, and community needs	Center goals	Implementation (process evaluation)			Outcomes (outcome evaluation)
		Inputs (resources/assets)	Program and center activities	Outputs (products/fidelity)	
Parents and youth serving agencies do not have adequate data on youth risk and protective factors and behavioral health status	Annual youth survey data for Mat-Su exists	<ul style="list-style-type: none"> Funding Expert consultation on Iceland Prevention Model (IPM) 	<ul style="list-style-type: none"> Youth survey implementation, data analysis and reporting 	<ul style="list-style-type: none"> 80% overall response rate for youth survey; Survey findings reported 	Parents, schools and youth-serving agencies have information on youth to focus youth programs
Parents/guardians are not aware/don't promote evidence-based youth protective factors	Parents/Guardians know and promote youth protective factors	<ul style="list-style-type: none"> Staff experience and expertise Expert consultation on IPM 	<ol style="list-style-type: none"> Family Connection Committee meetings Presentations on youth survey data and IPM to parents and guardians 	<ul style="list-style-type: none"> Parents attending Family Connection Meetings Parents volunteering at club house Parents attending survey and IPM presentations 	<p>Parents communicate prevention values/family rules</p> <ul style="list-style-type: none"> Parents/guardians have knowledge of youth risk and protective factors Parents/guardians monitor their children when they are not at home or in school Number of duplicated and unduplicated parents engaged in Youth 360 grows by at least 10% per quarter during FY26, as measured by Youth 360 quarterly reports

Logic Model Template

Youth, family, and community needs	Center goals	Implementation (process evaluation)			Outcomes (outcome evaluation)
		Inputs (resources/assets)	Program and center activities	Outputs (products/fidelity)	
Some Mat-Su youth do not feel connected to other people or the community	Youth are connected with peers, family, other adults/caregivers including Youth360 staff	<ul style="list-style-type: none"> • Staff experience and training • Facilities for clubs • Community and volunteer involvement in Y360 activities • Activity Provider training and expertise • Expert assistance in IPM 	<ul style="list-style-type: none"> • Youth Club houses • Summer youth programming • Community-focused activities (service learning, field trips, visitor and volunteer involvement, etc.) • Activity scholarships • Wider Mat-Su community youth gatherings and activities 	<ul style="list-style-type: none"> • Increased numbers of Mat-Su youth receive positive development programming. • Transportation and financial barriers eliminated for youth to attend programming. 	<p>Increase protective factors</p> <ul style="list-style-type: none"> • Youth report increased connection with peers, family, other adults/caregivers, and the community including Youth 360 staff. • Youth feel their voices are “heard” by youth 360 staff. • Youth 360 Clubs participating in YPQI process report average scores of “5” in the following sections of the YPQA tool (as measured by self and external evaluations): Warm Welcome, Encouragement, Emotional Safety, Healthy Environment, Reframing Conflict • Youth 360 Clubs participating in YPQI process report average scores of “4” or higher in the following sections of the YPQA tool (as measured by self and external evaluations): Encouragement, Belonging, Adult Partners, Choice, Reflection

<p><i>Youth are using harmful substances at a young age and through age 18 years</i></p>	<p><i>Youth are not using alcohol and marijuana</i></p>	<ul style="list-style-type: none"> • <i>Staff experience and training</i> • <i>Facilities for clubs</i> • <i>Expert assistance in IPM</i> • <i>Prevention resources and curricula</i> 	<ul style="list-style-type: none"> • <i>Youth Club houses</i> • <i>Summer youth programming</i> • <i>Activity scholarships</i> • <i>Wider Mat-Su community youth gatherings and activities</i> • <i>Healthy Lifestyles (or replacement curriculum) provided to Y360 middle school participants</i> 	<ul style="list-style-type: none"> • <i>Youth receive positive youth development that increases protective factors programming at Club houses, Youth summer programming, Mat-Su wide youth events</i> 	<p>Reduce marijuana and alcohol use</p> <ul style="list-style-type: none"> • <i>Youth 360 participants and Mat-Su teens at large report lower rates of alcohol and marijuana use, as measured by Youth 360 Student Survey and MSBSD Climate/Connectedness Survey</i>
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Logic Model Template					
Youth, family, and community needs	Center goals	Implementation (process evaluation)			Outcomes (outcome evaluation)
		Inputs (resources/assets)	Program and center activities	Outputs (products/fidelity)	
<p><i>Youth are experiencing bullying, depression, and suicidal ideation</i></p>	<p><i>Youth do not experience bullying, depression, and suicidal ideation</i></p>	<ul style="list-style-type: none"> • <i>Staff experience and expertise</i> • <i>Facilities for clubs</i> • <i>Expert assistance in IPM</i> 	<ul style="list-style-type: none"> • <i>Youth Club houses</i> • <i>Summer youth programming</i> • <i>Activity scholarships</i> • <i>Y360 involvement in Mat-Su community youth gatherings and activities</i> 	<ul style="list-style-type: none"> • <i>Youth receive positive youth development programming at Club houses, Youth summer programming, Mat-Su wide youth events</i> 	<p>Increase protective factors</p> <p><i>Youth do not experience bullying, depression and suicidal ideation.</i></p>

<p><i>Youth activities in the Mat-Su are inequitably distributed and not available to many Mat-Su youth.</i></p>	<p><i>Increase number of and access to youth activities, while reducing barriers to participation.</i></p>	<ul style="list-style-type: none"> • <i>Expanded Youth 360 Club reach, including Northgate and possible Palmer programming</i> • <i>Transportation routes</i> • <i>Community and school-based activity providers</i> 	<ul style="list-style-type: none"> • <i>Free youth clubs.</i> • <i>Transportation routes.</i> • <i>Outreach and advertising.</i> • <i>School collaboration (info sharing, provide transportation for other programs).</i> • <i>Recruitment and training of activity partners.</i> 	<p><i>Increased attendance at Youth 360 clubs, partner activities, school-sponsored activities, stipend programs and other youth activities.</i></p>	<p><i>Participation grows at Youth 360 clubs and other extracurricular opportunities</i></p> <p><i>Youth 360 serves more than 350 unduplicated youth per quarter during FY26</i></p> <p><i>Percentage of Mat-Su students saying they participate in extracurricular activities increases, as measured by MSBSD Climate/Connectedness Survey</i></p>
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Appendix B: Youth Survey Questions

YOUTH 360 SURVEY

1. What grade are you in?
 - A. 6th grade
 - B. 7th grade
 - C. 8th grade
 - D. 9th grade
 - E. 10th grade or older
2. What is your gender?
 - A. Female
 - B. Male
 - C. Prefer not to say
3. Which Youth 360 location do you attend? (if you attend more than one Youth 360 location, choose the location you most often attend)
 - A. Youth 360 Houston Middle
 - B. Youth 360 Houston High
 - C. Youth 360 Wasilla
 - D. Youth 360 Northgate
4. During an average week during the school year, how many days do you take part in Youth 360? (answer options from 0-5 days)
5. During an average week during the school year, how many days do you take part in organized afterschool, evening or weekend activities OTHER THAN YOUTH 360 (such as school clubs, community groups, sports or recreation, music, art, dance lessons, drama, church, or cultural or other supervised activities)? (answer options from 0-7 days)
6. My involvement in Youth 360 has helped me build positive relationships with my peers. *Agree, Somewhat Agree, Somewhat Disagree, Disagree.*
7. My involvement with Youth 360 has helped me build positive relationships with my parents/guardians. *Agree, Somewhat Agree, Somewhat Disagree, Disagree.*
8. My involvement in Youth 360 has helped me build positive relationships with other adults in my life. *Agree, Somewhat Agree, Somewhat Disagree, Disagree.*
9. Outside of school and home, I know at least one adult who encourages me to do my best. *Agree, Somewhat Agree, Somewhat Disagree, Disagree.*
10. I can name at least 3 adults who really care about me. (*Agree, Somewhat Agree, Somewhat Disagree, Disagree.*)
11. In my community, I feel like I matter to people. *Agree, Somewhat Agree, Somewhat Disagree, Disagree.*
12. Besides your parents/guardians, how many adults would you feel comfortable seeking help from if you had an important question affecting your life?
 - A. 0 adults
 - B. 1 adult
 - C. 2 adults
 - D. 3 adults

- E. 4 adults
 - F. 5 or more adults
13. When you feel anxious, depressed, or upset, would you go to the following people to seek help? Select all that apply.
 - A. A parent/guardian
 - B. A teacher
 - C. A school counselor
 - D. A friend at Youth 360
 - E. A friend outside of Youth 360
 - F. A behavioral health counselor
 - G. Someone at my church or place of worship
 - H. Youth 360/Program Worker
 - I. Another adult not listed above
 14. How does the following statement apply to you? “My parents/guardians know my friends” (Almost never, seldom, sometimes, often, always)
 15. How does the following statement apply to you? “My parents/guardians know the parents/guardians of my friends” (Almost never, seldom, sometimes, often, always)
 16. How does the following statement apply to you? “My parents/guardians know who I am with when I am not at home or in school.” (Almost never, seldom, sometimes, often, always)
 17. How does the following statement apply to you? “My parents/guardians know where I am when I am not at home or in school.” (Almost never, seldom, sometimes, often, always)
 18. In the past 12 months, have you ever felt so sad or helpless almost every day for 2 weeks or more in a row that you stopped doing your usual activities? *(Yes or No)*
 19. In the past 12 months, have you ever seriously considered suicide? *(Yes or No)*
 20. In the past 12 months, have you ever attempted suicide? *(Yes or No)*
 21. During the past 30 days, how many days have you had at least one drink containing alcohol? *(None, 1-2 days, 3-5 days, 6-9 days, 10-19 days, 20-29 days, every day.)*
 22. During the past 30 days, how many days have you used an e-cigarette or vaping product? *(None, 1-2 days, 3-5 days, 6-9 days, 10-19 days, 20-29 days, every day.)*
 23. During the past 30 days, how many days have you used marijuana? *(None, 1-2 days, 3-5 days, 6-9 days, 10-19 days, 20-29 days, every day.)*
 24. I feel safe when I am around my peers. *(Agree, Somewhat Agree, Somewhat Disagree, Disagree.)*
 25. Students at my school treat me with respect. *(Agree, Somewhat Agree, Somewhat Disagree, Disagree.)*
 26. Students at Youth 360 treat me with respect. *(Agree, Somewhat Agree, Somewhat Disagree, Disagree.)*
 27. My school is a welcoming place for families like mine. *(Agree, Somewhat Agree, Somewhat Disagree, Disagree.)*

Appendix C: Evaluation indicators by data source

YOUTH SURVEY

(Short-term output indicator for Outcome #1)

- a. Response rate by clubhouse for youth opted in for survey

(Short-term output indicator for Outcome #3)

- a. During an average week during the school year, how many days do you take part in Youth 360? (answer options from 0-5 days)
- b. During an average week during the school year, how many days do you take part in organized afterschool, evening or weekend activities OTHER THAN YOUTH 360

(Short-term outcome indicator for Outcome #3)

- a. My involvement in Youth 360 has helped me build positive relationships with my peers.
- b. My involvement in Youth 360 has helped me build positive relationships with my parents/guardians.
- c. My involvement in Youth 360 has helped me build positive relationships with other adults in my life.
- d. In my community, I feel like I matter to people.
- e. I can name at least three adults who really care about me.

(Medium-term outcome indicator for Outcome 2)

% of youth who report often, or always:

- a. My parents/guardians know who I am with when I am not at home or in school
- b. My parents/guardians know where I am when I am not at home or in school
- c. % of youth who report often or always “my parents/guardians know my friends.”
- d. % of youth who report often or always “my parents/guardians know the parents/guardians of my friends.”

(Long-term outcome indicator Outcome 2)

- a. % of youth who report that they have not had at least one drink containing alcohol in the last 30 days.
- b. % of youth who report that they have not used marijuana in the last 30 days.

(Long-term outcome indicator for Outcome 3)

- a. % of youth who report not feeling sad or helpless almost every day for 2 weeks that caused them to stop doing their usual activities
- b. % of youth who have seriously contemplated suicide in the past 12 months
- c. % of youth who report attempting suicide in the past 12 months
- d. % of youth who report they somewhat agree or agree with the following statements
- e. Students at Youth 360 treat me with respect.
- f. Students at my school treat me with respect
- g. I feel safe when I am around my peers

PARENT SURVEY

(Short-term outcome indicator for Outcome 2)

- a. % of parents who strongly agreed with at least four correct statements about youth protective factors

(Medium-term outcome indicator for Outcome 1)

- a. #/% of parents/guardians who report that Y360 barrier reduction strategies-activity scholarship was somewhat or very important for their child to attend programming.
- b. #/% of parents/guardians who report that Y360 barrier reduction strategies-transportation was somewhat or very important for their child to attend programming.

(Long-term outcome indicator for Outcome 2)

- a. % of parents who feel that the Y360 is somewhat or very supportive to them.
- b. % of parents who feel that the Y360 is somewhat or very supportive to their child.

YOUTH FEEDBACK FOCUS GROUP OR SURVEY

(Medium-term outcome for Outcome 1)

% of youth who agree or somewhat agree with the following statements:

I feel my voice is “heard” by Youth 360 staff.

of types of ways youth feel that their voices are heard

PROGRAM RECORDS

<p>(Short-term <u>output</u> indicator for Outcome 1)</p> <ul style="list-style-type: none"> a. # of clubhouses/schools data is given/presented b. Youth survey results given to parents, schools, and youth serving agencies within 4 months of survey completion
<p>(Short-term <u>output</u> indicator for Outcome 2)</p> <ul style="list-style-type: none"> a. % increase of # of duplicated and unduplicated parents engaged in Y360 2025/2026 b. # of parent meetings/events where youth survey data is mentioned
<p>(Short-term <u>output</u> indicator for Outcome #3)</p> <ul style="list-style-type: none"> a. # of unduplicated youth who receive Y360 positive development programming b. Types of positive development programming in each clubhouse and summer program c. Youth 360 Clubs participating in YPQI process report average scores of “5” in the following sections of the YPQA tool: Warm Welcome, Encouragement, Emotional Safety, Healthy Environment, Reframing Conflict d. Youth 360 Clubs participating in YPQI process report average scores of “4” or higher in the following sections of the YPQA tool: Encouragement, Belonging, Adult Partners, Choice, Reflection
<p>(Short-term <u>outcome</u> indicator for Outcome #1)</p> <ul style="list-style-type: none"> a. Staff discussion of survey data and implications for clubhouse (yes or no)
<p>(Medium-term <u>output</u> indicator for Outcome #1)</p> <ul style="list-style-type: none"> a. # of activity scholarships given out b. Ridership for clubhouse youth c. Community meetings where childcare and food provide
<p>(Medium-term <u>output</u> indicator for Outcome #2)</p> <ul style="list-style-type: none"> a. # of Family Connection Committee meetings b. # of family events c. # of parent presentations that mention prevention values at community or Y360 event
<p>(Medium-term <u>output</u> indicator for Outcome #3)</p> <p># of opportunities for youth to have their voices heard during Y360 programming</p> <p># of types of ways for youth to have their voices are heard</p>
<p>(Long-term <u>output</u> indicator for Outcome #2)</p> <ul style="list-style-type: none"> a. %/# of parents attending Family Connection Meetings b. %/# of parents volunteering at club house c. %/# of parents attending survey presentation